

Food Ingredients



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Canola Oil



BENEFITS

Very low in saturated fats, rich in essential omega-6 and omega-3, in a ratio of 2:1

APPLICATIONS

Higher oleic content provides stability in frying, cooking, baking, processed foods, salad dressing, snack foods, spreads and marinades

TYPES

RBD, non-GMO, high oleic, organic and expeller pressed available

Soybean Oil



BENEFITS

Low in saturated fats, high in omega-6, contains 7 - 10% omega-3

APPLICATIONS

Traditionally used in frying and baking

TYPES

RBD and organic available

Coconut Oil



BENEFITS

High in saturated fat so more resistant to rancidity – 2 year shelf life
Melting point 76C

APPLICATIONS

Commonly used in non-dairy creamers, popcorn oil, baked goods, cosmetics

TYPES

RBD and organic forms available

Sunflower Oil



BENEFITS

Low in saturated fats and high in omega-6
Trans fat free, naturally non-GMO, long frying life

APPLICATIONS

Commonly used in snack foods, salad dressing, cereals

TYPES

High linoleic, mid oleic and high oleic available

Palm Oil



BENEFITS

High in saturated fat and non-GMO
Fractionated and blended to offer no trans and low trans options

APPLICATIONS

Used in frying, baking, stabilization, confectionary

TYPES

Organic, RBD, fractionated blends, palm kernel and RSPO available

Olive Oil



BENEFITS

Low in saturated fat
Health benefits

APPLICATIONS

Commonly used in salad dressing, baked goods, sauces, cosmetics

TYPES

Extra Virgin and Pure available

Safflower Oil



BENEFITS

Low in saturated fats and high in oleic acid

APPLICATIONS

Commonly used in frying, margarine and salad dressing

TYPES

High Oleic and High Linoleic available as organic, expeller pressed and RBD available

Peanut Oil



BENEFITS

Approximately 19% saturated fat, high oleic content

APPLICATIONS

Traditionally used for frying

TYPES

RBD and expeller pressed available
Direct ship only



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If you're interested in learning more about these products or if you'd like to try a sample, please contact your local L.V. Lomas Technical Sales Representative.